



Oral Sedation Pre-Operative Instructions

- 1.) Please notify us immediately of **any changes in health or medications** prior to your appointment.
- 2.) **Do not eat or drink for 6 hours** prior to your appointment. If you need to take any medications within this time, please take them with as little water as possible.
- 3.) Please bring all **prescribed medications** with you to your appointment.
- 4.) Please arrive **15 minutes early** to allow us time to take your vitals and dispense medication. (Please wear a t-shirt under sweaters)
- 5.) You must arrange for a **ride home with a responsible adult** after your appointment is finished. This must be with a family member or a friend and cannot be a cab or uber.
- 6.) Please also ensure this responsible adult will remain with you for a **minimum of 3 hours** once you arrive home.

Thank you and please do not hesitate to contact our office before your appointment if you have any questions or concerns.