



Post-Operative Instructions for IV Sedation

For the safety of our patients, the following Post-Operative instructions for IV sedation must be followed VERY carefully.

DISCHARGE FROM OFFICE

- > A responsible adult must drive you home after the IV sedation.
- > Have an adult stay with you for the next 12 hours until the effects of the IV sedation have worn off.
- > Public transportation (bus or train) is not an option. Taxi or Uber with an accompanying adult is ok.

FOOD + BEVERAGES

- > Drink lots of clear liquids for 30 min to 1 hour after IV sedation. Start introducing thick liquids and soft, mushy foods.
- > Do NOT eat a heavy meal immediately after IV sedation.
- > Do NOT eat or sleep with the gauze in your mouth. This is a choking hazard, or an aspiration risk, so remove before sleeping.

MEDICATIONS

- > Take the medications prescribed at your appointment. Do NOT take any other medications for the rest of the day unless they have been discussed and approved with your dentist.
- > Do NOT smoke, drink alcohol or consumer sedative medication following the administration of IV sedation for 24 hours.
- > There is a drive through pharmacy at Save on Foods close to our office to receiving your prescriptions without leaving your escort. 4005 Clover Bar Rd #10, Sherwood Park, AB T8H 0M4

ACTIVITY RESTRICTIONS

- > Don't perform any hazardous activities. Do NOT drive or operate heavy machinery for 24 hours.
- > Do NOT make any important decisions for at least 24 hours until you are mentally alert. If you experience nausea, lie down for a while. If the symptoms get intense contact our office.



RECOVERY

>Nausea and vomiting: These are common side effects of IV sedation. Try sipping ginger ale or sucking on ice chips. If nausea is severe or persistent, contact your dental office.

>Dizziness and fatigue: These are also common side effects. Avoid standing up too quickly and sit or lie down if you feel dizzy.

If you have any unusual symptoms, please call our office at 780 449 0405