



Nitrous Oxide Pre Operative Instructions

- 1.) Please notify us immediately if there are any changes in health or medications prior to your appointment.
- 2.) DO NOT eat or drink anything but clear fluids for 2 hours prior to your appointment. If you need to take any medication within this time, please take them with as little water as possible.
- 3.) Please bring all prescribed medication with you to your appointment.
- 4.) Please arrive 15 minutes early to allow us time to take your vitals (height, weight and set up).
- 5.) Nitrous oxide DOES NOT put you to sleep, instead it will:
 - i. Reduce your anxiety (will care less about what is going on)
 - ii. Make time feel like it is passing quicker
 - iii. May reduce your memory of the treatment
 - iv. May eliminate the need for local anesthetic in children

Thank you and please do not hesitate to contact our office before your appointment if you have any questions or concerns.