



Instructions Before IV Sedation

What is IV Sedation?

- Intravenous Sedation is a moderate type of sedation and patients who receive this type of sedation typically report feeling as though they have slept through the entire procedure.
- IV sedation is administered through a thin needle in your arm or hand. Although you are not fully asleep, the medication administered will help you feel relaxed and comfortable throughout the procedure.
- This type of sedation allows you to continue to breathe on your own, while being calm, relaxed and drowsy for the procedure.

Please follow these instructions to prepare for procedure with [IV Sedation](#).

MEDICATIONS & MEDICAL CONCERNS

- Please bring a list of your medications, including the name, dosage, and frequency taken, to your consultation. It is important that the dentist operating reviews these for safety. Most prescribed medications can be taken at regular scheduled times prior to surgery with a SMALL sip of water. (Your dentist or physician will review this in your consultation).
- GLP-1's or -glutides such as Ozempic or Wegovy need to be stopped one dose prior to sedation appointment. For example, if you inject your medication daily your last injection must be no sooner than 24 hours prior to surgery. If you inject your medication weekly, your last injection must be no sooner than 7 days from your surgery date. This is essential for your safety during sedation.
- Asthmatic patients are to bring all their inhalers with them to surgery. You will be instructed to take two (2) puffs of your Ventolin inhaler before your procedure, if instructed by physician.
- It is requested that diabetic patients bring their glucometer and insulin with them to surgery, so it is available, if needed.

Eating and Fluid Intake

- Perform your usual oral hygiene routine prior to your appointment.
- DO NOT eat, or drink anything 8 hours prior to the appointment. This includes water. This will ensure that you come to the appointment with an empty stomach and prevent you from vomiting should nausea occur. Vomiting while being sedated is dangerous and can be prevented by following the above protocol.

DRUGS, ALCOHOL & SMOKING

- Refrain from alcohol and illicit drug use 24 hours before and after surgery. These can interact with sedatives and result in a severe, adverse reaction.



- Please refrain from using tobacco products the night before, and the morning of your surgery. Also refrain from smoking for 24 hours after surgery. Smoking may result in delayed healing, infection, and may increase risk of respiratory issues

Clothing and Eye wear

- Wear loose clothing that does not restrict your breathing and allows a blood pressure cuff to be placed on the skin of your upper arm. Please avoid turtlenecks or dresses.
- Wear flat shoes.
- DO NOT wear contact lenses. Please wear your glasses instead.
- DO NOT wear fitted jewelry

Nail polish & Lipstick

- DO NOT wear nail polish, shellac, or acrylic nails. A monitor will be placed on your finger to monitor your pulse and oxygen while you are sedated and does not work well on nail varnish or fake nails.
- Minimal makeup is best for the day of your procedure. Do not wear lipstick or heavy eye makeup.

Adult Escort & Transportation

- A responsible adult escort MUST accompany you to the office, remain in the office during your procedure, be available to help you fill your prescription, and drive you home safely.
- NO PUBLIC TRANSIT following sedation.
- Your escort should remain with you for 12 hours following your procedure.
- Please note, that a taxi or Uber driver does not classify as an escort home.

Other

- All minors, 15 years old or younger, must have a parent or legal guardian present to sign the consent form.
- DO NOT ignore a head or chest cold when having oral surgery. Call immediately if you have any cold symptoms. A change of appointment may be necessary.
- Have an ice pack available at home to apply post operatively.

Cancellation/Rescheduling

- Please arrive 20 minutes before your scheduled appointment to fill out the necessary forms.



- A minimum of 48 hours notice is required to cancel or reschedule any sedation/ surgical appointments. Failure to provide sufficient notice, or if you arrive late for your appointment and it is rescheduled, or a no-show of your appointment will result in a charge of \$250.00. Please contact our office if you have any questions or concerns prior to your procedure.

FEES

- Non insurance portions must be paid on the day of surgery. If you anticipate this being an issue, please reschedule your appointment with 48 hrs notice to avoid the short notice cancellation fee.

If you have any questions, please reach out to the dental clinic. We're happy to address any questions or concerns you may have.